



StressBusters takes a fresh look at Psalm 23. You may think you know this Psalm well, but you will discover truths you never noticed before.

In this series, you will learn how Jesus, our Shepherd, fills your life with His life.

For six weeks, *StressBusters* will powerfully combine

- **Sermons,**
- **Daily devotions**
- **Growth Group studies**

Each will reinforce the others resulting in accelerated growth as

you participate in all three.

Starts March 5th

Growth Group sign-ups start next Sunday

Devotional book available beginning February 26th

Week 1: The Way to Fulfillment

Week 2: The Way to Balance

Week 3: The Way to Peace

Week 4: The Way to Success

Week 5: The Way to Courage

Week 6: The Way to Confidence

God's Ways for Making all Things New SERVING

"Before I shaped you in the womb, I knew all about you. Before you saw the light of day I had holy plans for you."

Jeremiah 1:5 (msg)

"For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Ephesians 2:10

"David...completed the work God set out for him." Acts 13:36

(msg)

"In the same way that you gave me a mission in the world, I give them a mission in the world."

John

17:18 (msg)

The Big Point #1 We have a _____

"If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel will save it. What good is it for a man to gain the whole world, yet forfeit his soul?" Mark 8:34-36

"Only those who throw away their lives for my sake and for the sake of the Good News will ever know what it means to really live!" Mark 8:35 (LB)

The Big Point #2

When we step up to serve God. God can

And everyone _____ God at work

“...the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” Matthew 20:28

“I have set you an example that you should do as I have done for you. Now that you know these things, you will be blessed if you do them.”

John 13:15, 17

The Biggest Point

Edgewater is a church where _____

The Big Challenge

_____ as an expression _____

Daily Growth

Use these 4-C questions below to help you study each day's scripture.

CELEBRATE: What can you praise God for from this passage?

CONFESS: Are you convicted of something you need to confess to God?

COMMIT: What commitment does this passage challenge you to make?

COMMUNICATE: What did you learn that you can share with someone?

Day 1: Read Ephesians 4:11-16. What do these verses say happens in you when everyone in the church, including yourself, is serving? What do you think being “filled to the full measure of God” would look and feel like? What is God saying to you (use the “4 C” questions)?

Day 2: Read 1 Peter 4:10-11. Do you believe you have a gift to use to serve the church? According to verse 10, what is the purpose of your gift? What does it mean to be “good stewards of God's grace in its various forms”? What attitude are you encouraged to have about serving? How does that compare with your attitude? What is God saying to you (use the “4 C” questions)?

Day 3: Read Colossians 3:23-24. Why are we to work with all of our heart? What does it mean to serve with all your heart? How

does that compare to your efforts at serving? What is God saying to you (use the “4 C” questions)?

Day 4: Read Psalm 37:4. What desires has God put in your heart? How might those desires be used by God to serve? What is God saying to you (use the “4 C” questions)?

Day 5: Read Mark 8:34-36. What warning and instruction does Jesus give you in this passage? How does this apply to your serving others? What hinders you from serving others in the church or through the church? What is God saying to you (use the “4 C” questions)?

Day 6: Read Matthew 20:20-28. What was Jesus’ mission? As a follower of Jesus, how will you accomplish the mission of Jesus? According to Jesus, who knows best, how do you experience the greatness of God? What is God saying to you (use the “4 C” questions)?