

Daily Growth

As you begin a new year, it is always good to remind yourself of who and what you are because of what Jesus has done. We set ourselves up for failure, depression, insecurity and needless struggle because we forget these truths. But we find strength and encouragement when we remember and claim these truths.

As you study, use the “4 C” questions below to help you apply the scripture. Finish your study with a time of prayer.

The 4 C Questions

CELEBRATE: What can you praise God for from this passage?

CONFESS: Does this passage convict you of something you need to confess to God?

COMMIT: What commitment does this passage challenge you to make?

COMMUNICATE: What did you learn that you could share with someone else?

Day 1: Read John 1:12-13, John 15:15, Ephesians 1:3-6, and Ephesians 2:18. What do these verses tell you about your relationship with God? What does it mean to you to be adopted and part of God’s family? What does that say about God’s love and desire for you? What does it say about your value and significance? Does this have any influence on the way you should view yourself and your acceptance by God? What is God saying to you (use the “4 C” questions)?

Day 2: Read Romans 5:1-8, 1 Corinthians 6:19-20. Find out what it means to be justified before God. What made our justification before God possible? Do you take this justification for granted? If you are fearful of God, what does your justification mean? What does it mean to you to be a Temple of God? If you lived every moment with an awareness that God is in you, what difference would it make? What is God saying to you (use the “4 C” questions)?

- Day 3: Read Romans 8:1, 31-39. Do you condemn yourself? Are you able to forgive yourself? What do these verses say about God's condemnation and forgiveness? What do they say about how secure we can be in Christ? Who is against you? How do these verses reassure you in your struggle? How will you respond to these truths? What is God saying to you (use the "4 C" questions)?
- Day 4: Read Philippians 1:6, 2 Timothy 1:7, 1 John 4:4 and 1 John 5:18. What kind of confidence and security does each of these verses offer you? If you lived as if you were confident that these verses are true, what kind of difference will it make? What is God saying to you (use the "4 C" questions)?
- Day 5: Read Ephesians 2:6, and Philippians 4:12-13. Where are you spiritually seated right now? What does that suggest about your acceptance, value, and relationship with God? What does that do for your courage and confidence? What allows Paul to be content? What is God saying to you (use the "4 C" questions)?
- Day 6: Read Matthew 5:13-16, Acts 1:8, 2 Corinthians 5:17 and Ephesians 2:10. What do these verses say about who you are and what you are called to do because of all the truths you have been studying this week? What concrete action will you take to take action on these truths? What is God saying to you (use the "4 C" questions)?