The latin word for cross is crux. This word was considered profane; to even say the word out loud would have been extremely offensive. Even to the Romans who invented crucifixion.

What made this such an offensive word in the 1st century? What did crux represent in the 1st century?

What does the cross represent to you today?

Does it change the way in which you see life? How so.....?

Paul takes this offensive word and attaches it to this other word; Exaltation. Why do you suppose he is connecting these two words together? What is he revealing? (make sure you are paying attention to what Paul says in Philippians 2v5-11)

When you hear the expression; Resurrection Happens; even right now - what does this stir up inside of you?

How do we go about living out the Resurrection in our reality today? Individually and communally? (It's one thing to believe that it happened but how does this change how we are living our lives right now?)

In this poem Paul is saying; what seems like crux is actually going to lead us to exaltation. Have you experienced this in your own life? (share your stories of hope with one another)

For those in your group who are in the grip of crux right now - let's take some time to pray together. Remember - exaltation is just around the corner.

Do you believe this to be true? If so, how is it changing the way that you are viewing your situation right now?