

‘Grace and Peace to you from God our Father and the Lord Jesus Christ.....’

1. How would you go about describing ‘The Religious Impulse’
How do you see this functioning in your life? (hint.....it’s operating in all of us)

Grace is.....

Joy, Pleasure, Favor given to you even before you do anything, it cannot be earned, no matter how good you are. It is a gift. It is favor done without expectation of anything in return.

Grace is the love of God. It is the gift of His Son Jesus.

It is the unexpected soothing reassurance of the Spirit who whispers into our souls; I love you just the way you. You’re going to be ok. I’m with you!

Peace is.....

Harmony / Connection with God, Others and Ourselves.

Instead of saying Grace and Peace to you – what are some other ways that we could greet one another based on the deeper meanings of these two words?

2. What would it look like in our relationships with (God, Others, Self) if our words and actions were coated in grace and peace? (dig deep on this – explore)
Are there any relationships in your life right now that need grace and peace?

3. Can you recall a time when someone spoke grace and peace over your life?
Describe that moment.....

Has someone ever been the living presence of grace and peace in your life?
Describe...

4. What is the difference between these two statements?

I’m going to let God love me
I’m going to allow myself to receive the love of God

Is it difficult for you to open yourself up to receive the love, favor, and acceptance of God?

If so, what is it that is keeping you from receiving, and living in, Grace and Peace?